



Thursday September 21st, 2017  
3:00pm-4:00pm  
Veteran's Hall Lounge

## Meeting Minutes

### 1. Welcome, Introductions, and Goals for Meeting

Nestor Veloz-Passalacqua and Frank Warren welcomed the stakeholder group at 3:00 p.m. All participants introduced themselves and Nestor presented goals for meeting. Nestor also reviewed the Stakeholder process, format and rules for the meeting (e.g. consensus voting, no rules of order, etc.)

### 2. Nestor went on to give an update of the Innovation programs

#### PROGRAM 1:

##### Transition Assistance and Relapse Prevention (TARP)

- 1.1 Transitions-Mental Health Association
- 20 unduplicated/unique participants
- 246 duplicated contacts
- 100% reduction in relapse and recidivism rates
- 45% engaged in community services
- 100% report feeling better to manage long term recovery
- 13% increase in wellness and recovery outcomes
- 13% enrollment reduction in Adult FSP

#### PROGRAM 2:

##### Late Life Empowerment and Affirmation Program (LLEAP)

- 2.1 Wilshire Community Services
- 46 one-to-one interface or group sessions
- 13 unduplicated participants
- 59% reduction in symptomology in and lower risk of Serious Mental Illness
- 75% reduction in depression levels

- 2.1 Wilshire Community Services

80% reduction in hospitalizations  
65% reduction in need of mental health services  
75% increase capacity on day-to-day activities  
60% increase in clients' ability to accept and cope with loss  
80% reduction in feeling isolation and anxious

**PROGRAM 3:**

**"Not for Ourselves Alone"**

3.1 Behavioral Health Department  
46 unique participants  
87 duplicated contacts  
5% increase in consumer satisfaction rates  
97% of targeted employees/agencies participation  
24% decrease in stigma related to mental health  
24% increase in awareness of mental illness

**PROGRAM 4:**

**Creating Opportunities for Latinas to Experience Goal Achievement (COLEGA)**

4.1 Women's Shelter Program of SLO  
Total of 6 therapy groups  
79% of participants completed all group sessions  
79% of participants provided feedback on their experience with each peer counselor  
20% reduction in depression levels  
38% increase in resiliency and positive outlook

3. Briana Hansen went over the Innovation budget including the actual costs and the projected costs.

**FY 2016-17 Actual Costs \$425K**

TARP \$86K  
LLEAP \$116K  
Not for Ourselves Alone \$87K  
COLEGA \$136K

**FY 2017-18 Projected Costs \$636K**

TARP \$104K  
LLEAP \$125K  
Not for Ourselves Alone \$212K

COLEGA \$195K

**FY 2018-19**

Potential to add up to \$300K

**FY 2019-20**

Potential to add up to \$200K

**4.** Nestor went on to discuss with the Stakeholder group what criteria, values and planning the Innovation programs need to contain.

Today the new round for proposals started with a deadline of Nov. 1, 2017 with a project start date of July 1, 2018. Frank Warren explained the selection process of prioritizing the projects and then pricing them. The budget for this round is \$300K.

**5.** Putting together a focus group was discussed.

The next Innovation meeting will be held on November 30<sup>th</sup>, 2017

The meeting concluded at 4:00pm

**ATTENDEES:**

John Elfers, Barry Johnson, David Riester, Melinda Sokolowski, Ellen Sturtz, Briana Hansen, Joe Madsen, Meghan Boaz-Alvarez, Frank Warren, Nestor veloz-Passalaqua, Rebecca Redman